

## **Ballet Theory/Glossary - Dancers will be asked a selection of these theory questions during an exam**

1. Degagé - To disengage
2. Where do we disengage in the Five Positions of the Feet exercise at the barre? - When we release from a closed to an open position (eg. from 1st to 2nd, 3rd to 4th, 5th to 4th)
3. Battement Tendu - Battement means to beat & Tendu means to stretch
4. How do we know if we are placing 4th opposite 1st correctly? - The heel of the working foot (front) is opposite the heel of the supporting (back) foot
5. What are the common faults of a plié? - Rolling the ankles, not opening the knees, not placing knees over toes, bad posture (not standing tall)
6. What does 'Port de Bras' mean? - Carriage of the arms
7. What is a Petit Jeté? - Small (petit) Swish/Throw (jeté). (Small Jump)
8. What does the Polka Step consist of? - Hop, Chassé (slide), Coupé (cut), Jeté
9. What is an enchainement? - Several steps put together to form a combination, usually put to music
10. What is a Temp Levé - A lifted movement with a hop

**OTHER GLOSSARY WORDS TO KNOW** - [Devant](#) - In front / [Derrière](#) - Behind / [Ouvert](#) - Open / [De Coté](#) - To the side / [Fermé](#) - To close