

PRE-PREPARATORY TAP

1. Heel Beats at the barre

2. Heel Digs at the barre

Centre

3. Stagecraft - Walks & Claps

4. Stagecraft - Beats & Claps

5. Parallel Arm Swings

6. Straight Taps

7. Forward & Backward Taps

8. Toe Taps

9. Set Exercise (Sailors!)

10. Bow

Additional class content is added each week including new age appropriate steps and choreography.