

PREPARATORY BALLET

Barre

1. Demi Plié
2. Degagé to 2nd
3. Preparation for Sauté in 1st

Centre

4. Port de Bras
5. Spring Pointes with Step & Hop
6. Step to the side and Pointe combined with Gallops
7. Enchainement - Skips & Spring pointes taken around the room
8. Musical Interpretation - Tooth Fairy & Cheeky Pixie (must be able to listen and respond accordingly with confidence)
9. Preparation for Polka Step
10. Curtsey for Girls
11. Bow for Boys

Additional choreography, musical interpretation and age appropriate steps are regularly used in class.